

AGENDA

2025 Annual Depression and Mood Disorders Conference – Friday, October 31, 2025
“Controlled Drugs: The Good, the Bad, and the Ugly”

Morning Session:

7:45-8:00 AM	Registration
8:00-8:10 AM	Welcome Rif El-Mallakh, M.D.
8:10-9:00 AM	<i>"Psychedelic Treatment of Depression"</i> Greg Fonzo, Ph.D.
9:00-9:45 AM	Breakfast Break
9:45-10:35 AM	<i>"Psychiatric Considerations with Cannabis Prescribing"</i> Timothy Yff, M.D. & Umair Bhutto, M.D.
10:35-11:25 AM	<i>"What Makes a Good Therapist: Evidence from 50 Years of Psychotherapy Research."</i> Tracy D. Eells, Ph.D.
11:25 AM - 12 Noon	Panel Discussion Drs. Fonzo, Eells, Yff, Bhutto, and El-Mallakh
Noon - 1:00 PM	Lunch Break

Afternoon Session:

See schedule below; participants choose one workshop for each time slot (1:00-2:30 PM and 2:50-4:20 PM)

1:00-2:30 PM	Workshop I
2:30-2:50 PM	Break
2:50-4:20 PM	Workshop II
4:20-4:30 PM	Course evaluation
4:30 PM	Conference adjourns

Workshops:

1:00-2:30 PM	1.	<i>"Effects of Marijuana on the Youthful Brain"</i> John Gallehr, M.D. & Hira Waseem, M.D.
	2.	<i>"Psychedelic-Assisted Therapy or Therapy-Assisted Psychedelics? Making Sense of a Combined Pharmacologic-Behavioral Treatment."</i> Greg Fonzo, Ph.D.
2:50-4:20 PM	1.	<i>"Amphetamine Use and Misuse"</i> Chris Stewart, M.D., CGP, DFAPA
	2.	<i>"A Model for Evidence-based, Culturally Responsive Psychotherapy Case Formulation."</i> Tracy D. Eells, Ph.D.