



**FORGING THE FUTURE
IN PSYCHIATRY & MENTAL HEALTH
CONFERENCE**

March 18, 2016

Louisville Boat Club
Louisville, Kentucky

Jointly Provided By
The Kentucky Psychiatric Medical Association and The American Psychiatric Association

During this program, participants will learn about new research findings in the fields of psychiatry, mental health and neuroscience. Attendees will learn about recent advances and current evidence-based approaches to understanding and treating mental illness. Attendees will acquire new knowledge and skills to improve the care of those with mental illness.

Who Should Attend

This program is designed for all mental health professionals and advocates including psychiatrists, and other physicians, as well as Psychologists, Advanced Practice Registered Nurses, Social Workers, Counselors, Law enforcement, Peer-support Specialists and other Mental Health Professionals.

PROGRAM

Strategic Innovation in Health Care: Behavioral Health and Integrated Care Preparing for the Future

Speaker: Mary Helen Davis, MD
Associate Clinical Professor
University of Louisville Department of
Psychiatry and Behavioral Sciences

Educational Objectives 1) Identify innovations in healthcare delivery; 2) Know the models of integrated care and the impact; 3) Understand the potential consequences of change on personal and professional life.

Description This session will focus on the dynamics of change in the healthcare delivery system with a focus on the impact on psychiatry and the delivery of behavioral and mental health. We will review the models of integrated care, and provide information on opportunities to get further training in providing this mode of delivery. Time permitting, we will explore the impact of accelerated change on the provider and how to protect oneself from the ever increasing rates of demoralization and burn out.

Saving Family Therapy: Toward Family Intervention

Speaker: Allan M. Josephson, MD
Professor and Chief, CEO Bingham Clinic
Division of Child and Adolescent Psychiatry
and Psychology, University of Louisville

Educational Objectives 1) Recognize familial mechanisms of transmission of psychopathology; 2) Appreciate the family's influence in self regulation and shaping cognitive schema; 3) Describe the role of family intervention in integrated treatments.

Description This topic will increase the practitioner's confidence in determining when to educate the family about mental disorders and when to intervene in family interactions. Involvement of the family is associated with improved outcomes in numerous psychiatric disorders.

Modern Medicine for Heroin & Prescription Opioid Addiction

Speaker: Michelle Lofwall, MD
Associate Professor
Department of Psychiatry, Center on Drug
and Alcohol Research, University of
Kentucky

Educational Objectives 1) Explain the evidence-base for treatment of opioid use disorder; 2) Explain how policy changes have influenced the medical treatment of addiction in Kentucky; 3) Explain barriers to quality addiction treatment/patient care.

Description

Heroin use is on the rise within Kentucky and around the nation. Prescription opioid use disorder also continues to rise as do cases of Hepatitis C, HIV and unintentional overdose deaths due to both heroin and prescription opioids. These epidemiologic trends will be reviewed alongside several public policy changes that impact how addiction treatment can be delivered and reimbursed in the Commonwealth. Evidence-based treatment of opioid addiction and challenges to parity also will be reviewed.

Transgender Issues in Psychiatric Care

Speakers: Kinton Rossman, M.Ed. and Jayden Thai, M.Ed.
University of Louisville Trans Sexuality Teaching, Advocacy and Research

Educational Objectives 1) Increase provider knowledge of barriers to transgender care; 2) Increase provider comfort discussing issues of gender and/or sexuality; 3) Improve provider knowledge and interactions with transgender patients

Description: During this presentation, attendees will review transgender health disparities and review basic information about gender and sexual identities. Specific interventions and suggestions for providers to use with patients will be discussed. Advocacy and referrals for patients will be provided.

The New Asylum

Speaker: Fiona M. Doherty, MD
Assistant Professor, Department of Psychiatry, University of Kentucky

Educational Objectives: 1) Attendees will understand the nature of mental health disorders seen in correctional settings 2) Attendees will understand how deinstitutionalization of the mentally ill results in a surge of mentally ill in our prison system

Description: This informative presentation will discuss the plight of the mentally ill in prison.

Optimizing Response to Psychiatric Medication with DNA Analysis

Speaker: Robert P. Granacher, Jr., M.D., MBA, Clinical Forensic Neuropsychiatrist

Educational Objectives: 1) Understand pharmacogenomics; 2) Understand potential cost savings to insurers; 3) Understand the positive impact of pharmacogenomics on medication side-effects, compliance with treatment, improved response rates and patient satisfaction.

Description: This presentation will review methods for using pharmacogenomics in clinical practice. Topics include choosing medications based on the patient's genome, side effects from treatment and patient non-compliance. Attendees will also learn about genetic polymorphisms and pharmacodynamics

Current Concepts in Sleep Medicine for Mental Health Professionals

Speaker: David Casey, MD
Professor and Chair, Department of Psychiatry and Behavioral Sciences, University of Louisville

Educational Objectives: 1) Understand current concepts in normal and abnormal sleep physiology; 2) Understand evaluation of sleep pathology; 3) Understand medical management of sleep disorders

Description: This session will discuss the concepts of sleep physiology, appropriate referrals and use of medications to correct sleep problems.

CONFERENCE SCHEDULE

March 18, 2016	
7:30 – 8:30	Breakfast and Registration
8:30 – 9:30	Strategic Innovation in Health Care: Behavioral Health and Integrated Care Preparing for the Future Mary Helen Davis, MD Associate Clinical Professor of Psychiatry University of Louisville School of Medicine
9:30 – 10:30	Saving Family Therapy: Toward Family Intervention Allan Josephson, M.D. CEO Bingham Clinic Professor and Chief Division of Child and Adolescent Psychiatry and Psychology University of Louisville School of Medicine
10:30 – 11:00	Break
11:00 – 12:00	Modern Medicine for Heroin & Prescription Opioid Addiction Michelle Lofwall, MD Associate Professor of Psychiatry University of Kentucky College of Medicine, Center on Drug and Alcohol Research
12:00 – 1:00	Lunch
1:00 – 2:00	Transgender Issues in Psychiatric Care Kinton Rossman, M.Ed. and Jayden Thai, M.Ed. University of Louisville Trans Sexuality Teaching, Advocacy and Research
2:00 – 3:00	The New Asylum Fiona M. Doherty, MD Assistant Professor University of Kentucky Department of Psychiatry
3:00 - 3:15	Break
3:15 – 4:15	Optimizing Response to Psychiatric Medication with DNA Analysis Robert P. Granacher, MD, MBA Clinical Forensic Neuropsychiatrist
4:15 – 5:15	Current Concepts in Sleep Medicine for Mental Health Professionals David Casey, MD Professor and Chairman Department of Psychiatry and Behavioral Sciences University of Louisville

CME Evaluation

Participants will be given the opportunity to evaluate and provide feedback on the quality and value of their learning experience. Course directors and program planners will use this information for future activities

FACULTY DISCLOSURES

Mary Helen Davis, M.D.	Nothing to Disclose
Allan M. Josephson, M.D.	Nothing to Disclose
Michelle Lofwall, M.D.	Nothing to Disclose
Kinton Rossman, M.Ed.	Nothing to Disclose
Jayden Thai, M.Ed.	Nothing to Disclose
Fiona Doherty, M.D.	Nothing to Disclose
Robert P. Granacher, M.D., M.B.A.	Speaker's Bureau for AssureRx Health, Inc.
David Casey, M.D.	Nothing to Disclose

None of our speakers will discuss unapproved uses of a commercial product, or investigational use of a product not yet approved

PLANNING COMMITTEE MEMBERS DISCLOSURES

David Casey, M.D.	Nothing to Disclose
Todd R. Cheever, M.D.	Nothing to Disclose
Steven B. Lippmann, M.D.	Nothing to Disclose
Jonathan Martin, M.D.	Nothing to Disclose
Rebecca Tamas, M.D.	Nothing to Disclose
Kathy Vincent, M.D.	Nothing to Disclose
Mark S. Wright, M.D.	Speaker's Bureau for Takeda, Sunovion and Actavis
Bonnie L. Cook, MAS	Nothing to Disclose

ACCREDITATION AND DISCLOSURE STATEMENTS

Accreditation Statement: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education through the joint providership of the American Psychiatric Association (APA) and The Kentucky Psychiatric Medical Association. The APA is accredited by the ACCME to provide continuing medical education for physicians.

The APA designates this live activity for a maximum of 7 AMA PRA Category 1 Credit™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Disclosure Statement: It is the policy of the APA to comply with the ACCME Standards for commercial support of CME. Planning committee members and related staff disclosures must be on file annually with disclosures made available on program materials. Faculty participating in sponsored or jointly sponsored programs by APA are required to disclose to the program audience any real or apparent financial relationships with commercial interests related to the content of their presentation. Faculty are also responsible for disclosing any discussion of off-label or investigational use of a product.

Completion of CE/CMEs requires prompt arrival, full attendance, and submission of the required evaluations.

REGISTRATION FORM

**Please fill out form completely as all information required for registration. Information will be kept confidential.*

**Please print*

Personal Information:

Full name and degree (MD, DO, RN, etc.) _____

Email address _____

Mailing address _____

Mailing city/state/zip _____

Daytime phone number _____

Attendance Category:

**Please circle appropriate category below.*

	Early Bird Registration (Received by February 18)	Regular Registration (Received between February 18 and March 7)
KPMA or other District Branch Member Physician	\$100	\$120
Non KPMA Member Physician	\$120	\$140
Non Physician/Psychologist (i.e., LCSW, RN, etc.)	\$80	\$100
Residents & Students	\$35	\$55

Payment method:

Check number _____

Credit card type _____

Name on credit card _____

Credit card number _____

Credit card expiration date _____

Credit card security code (three digit code on back of card) _____

Authorization (sign your name here) _____

Amount paid/to be charged _____